HALIFAX • TUESDAY, JULY 29, 2008

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Celebrity pg14



Milev apology

Sexual assault trial begins

COURT The man charged with a violent sexual assault appeared briefly in court yesterday.

Winston Marshall will be back in court next week. The 31-yearold man is accused of taking a 26-year-old woman hostage behind St. Patrick's Church on Brunswick Street on Friday after-

Police said when they arrived at the scene, Marshall was allegedly sexually assaulting the woman. He allegedly ran, but police caught up to him.

His charges include sexual assault, kidnapping, administering a noxious substance and breaching probation. METRO HALIFAX

Bed bugs plaguing seniors' complex

DARTMOUTH Stewart Romans says he will have to go to bed wrapped in a garbage bag and wearing a gas mask.

That's because bedbugs are relentlessly invading his Dartmouth apartment in a seniors' public housing complex.

"I've had bites all over me," said the 68-year-old who lives in Alderney Manor. "I'm just getting madder and madder all the time.

A Metropolitan Regional Housing Authority spokeswoman says all 200 units were inspected for bedbugs yesterday and they will decide what the next step is today. LINDSAY JONES/METRO HALIFAX



Rally against airline layoffs well attended

Halifax rally one of many across country held against Air Canada

News page 2

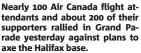
Guilty pleas in child porn case

News page 3

Picnic promotes province's food

Canada page 4

2 Afghan kids shot to death



Lisa Vivian Anthony, the local union representative, accused Air Canada of using scare tactics.

This is the end of an era," she said. "This is a big business decision and (Air Canada) needs to be accountable for that.

Air Canada is planning to lay off the 187 flight attendants based in Halifax in November as part of its plans to cut 2,000 "All the unionized groups have expiring collective agreements in June of 2009 ... Is this a scare tactic to try and shake our foundations?"

Lisa Vivian Anthony

jobs countrywide. Half of those affected were working yester-

Mayor Peter Kelly and MPs Alexa McDonough and Geoff Reagan joined union speakers in urging the flight crews to fight on yesterday. Similar rallies were held from Montreal to Vancouver, with 300 people marching in Winnipeg, the other base to be shut down

Anthony is optimistic the lay-

off decision can be reversed and she accused Air Canada of playing dirty.

"All the unionized groups have expiring collective agreements in June of 2009. It's a devastating situation (for Air Canada)," she said. "Is this a scare tactic to try and shake our foundations?'

Air Canada is the flagship carrier for the 2010 Vancouver Olympics.

In a statement released Friday.

Air Canada said it is willing to talk to the unions. "The company hopes that ... talks centred on practical mitigation can continue," it said.

Shana Marshall is a flight attendant at the Halifax base. She was at the rally with her husband and their two young boys.

"If I have to go to Toronto and commute from there, it takes away from my time at home and I don't think I'd be able to do it,' she said. "But at this point, I'm willing to give anything a shot."



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Shark report at Martinique Beach

A lifeguard called swimmers out of the water at Martinique Beach on Sunday after a shark was reported by a surfer. A shark expert told the CBC it was likely a porbeagle, a close relative of the make that can grow two metres long. Swimmers returned to the water a few minutes later. METRO HALIFAX

Local



SMU team make discovery

A professor and students from Saint Mary's University are among an international team that has made some important discoveries at the site of a Roman villa built more than 2,000 years ago near the Italian city of Gravina. The finds include a piece of pottery stamped with a Jewish Menorah, multicoloured wall frescoes and marble flooring

Sailors plead, get 14 days

Judge gives minimum sentence to two Filipinos in child porn case

LINDSAY JONES lindsay.jones@metronews.ca

Two Filipino sailors were released from jail yesterday after pleading guilty to possessing child pornography.

Judge Flora Buchan accepted a joint recommendation of the Crown and defense in her ruling, handing the sailors the minimum Criminal Code sentence of 14 days.

Because Jose Ervin Porquez, 37 and Ernesto Fadol Basanes, 43, had already spent eight days in jail before their trial, they were released on the basis of time served. Time spent in jail before a trial counts as double time.

Buchan also ordered the men to submit a blood sample for the national DNA database before letting them go.

The men were arrested July 21 after customs officers searched their laptops aboard the M/T Negotiator, an oil tanker that was docked at the Dartmouth oil refinery.

Basanes, the ship's second mate, possessed a DVD movie plus six images on his computer.

Porquez, the chief cook,

Getting home

 The men's ship, which is registered in Majuro, Marshall Islands, has already left port. Both will have to find

had obtained the same six images from Basanes' computer.

Altogether there were 16 different images depicting 18 different children, some as young as seven, in various sexual positions.

The Crown was unable to determine whether either man has a previous criminal record. their own way out of the country and have meager means, the court heard yesterday.

Porquez's lawyer Patrick McEwan said his client had no idea what he was putting on his computer when he downloaded the images, but admitted to looking at them.

Both men faced charges of possessing child porn and violating the Customs Act by smuggling child pornography. An additional charge against Basanes for distributing child porn was dropped yesterday.

During the sentencing, Buchan called the men's crimes "horrific," saying that because child pornography images can be repeatedly viewed, the youth are victimized over and over.

She said the sentence seems small considering the circumstances, but she took into account the fact that they showed remorse and entered guilty pleas.

Buchan also dropped the \$50 victim fine surcharge at their attorneys' request.

SMU gets bucks for technology

SPEECH RECOGNITION Saint Mary's University received almost a quarter of a million dollars from the federal government yesterday to help it expand the use of speech-recognition technologies.

Based on the "Liberated Learning" software, the project team will use speech recognition to automatically caption live speech and produce searchable multimedia transcripts.

SMU is receiving \$229,951 to work with Trent University, IBM Research, the Canadian Hard of Hearing Association, the Learning Disabilities Association of Canada and the Neil Squire Society to expand the use of speechrecognition technology in learning, workplace and social environments.

SMU will implement and research emerging speech recognition technologies that can increase information accessibility for Canadians with disabilities.

"Our government is working towards creating greater opportunities for Canadians with disabilities," said Lynne Yelich, spokeswoman for Human Resources Minister Monte Solberg,

METRO HALIFAX

Cops bust two in marijuana grow-op

CHARGES Police arrested a man and woman in relation to a marijuana grow operation discovered by firefighters.

Police were called after a fire in the basement of a home on Kidston Road in Spryfield Sunday. A 48-year-old woman and a 31-year-old man were charged with cultivating marijuana and trafficking. Police are pegging the street value of the plants at \$200,000. METRO HALIFAX

News in brief

MUGGING A 25-year-old man was mugged at the corner of Spring Garden Road and South Park Street in Halifax yesterday morning at 12:35 a.m. Two men assaulted the victim, leaving him with injury to his head, and took his wallet and personal items. METRO HALIFAX

break and enter

Police bust gas-less thieves

ARREST They weren't just out of gas, but out of luck

Police noticed two men and their truck stopped in the Mumford Road and Romans Avenue area yesterday morning at around 4:45 a.m.

When officers asked what they were doing, the pair said they were out of gas and asked for help pushing the truck out of the way.

It was then the officers took note of peculiar items in the back of the truck with brand names all from one business.

It turns out a break and enter happened earlier on the Bedford Highway.

The two men were arrested and will appear in court today on several charges.

METRO HALIFAX

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Read a new column on intelligent investing by Allan Small, FMA Watch video of nationwide protests against Air Canada's recent cuts Check MetroTube of the Day for a look at the wackier side of ComiCon Play online Sudoku!



Playwright Shelley Hamilton sits beside the Freedom Schooner Amistad on the Halifax waterfront yesterday. Her one-woman play, A New Hope, tells the story of a group of Black Loyalists who left Nova Scotia for Sierre Leone in the 18th Century.

Province's black history explored

JON TATTRIE for Metro Halifax



Black Loyalist 225 kicked off yesterday at the Maritime Museum of the Atlantic with the announcement of a full week of activities to mark the establishment here of the first large free black community outside of

A highlight will be Cherry Brook native Shelley Hamilton's one-woman play, A New Hope.

The Toronto-based writer,

Black Loyalist 225 events

• A Parade of Small Ships from 10 a.m. to noon today starts Black Loyalist 225. The Amistad will be open to the public from 2 p.m. to 4 p.m. today and at various times throughout the week. Shelley Hamil-

actor and singer based the play on historical records of when a section of Black Loyalists left Nova Scotia for Sierra Leone in the 18th Century.

"It's beyond an honour for me," Hamilton said. ton's play will be shown at 7:30 p.m. tonight at the Maritime Museum of the Atlantic and elsewhere throughout the week. Go to www.museum.gov.ns.ca/mma for a full listing.

After a performance Saturday, a woman from Africville came up to her in tears. "She said it really reaffirmed for her her own roots and history," Hamilton said.

Also on hand was Captain

Bill Pinkney of the Freedom Schooner Amistad. The ship is in Halifax this week after a year-long tour. "It's like coming home for us," Pinkney said of the

Tit's like coming home for us," Pinkney said of the warm reception his New Haven-based ship received in Halifax.

The ship is bringing its story to Nova Scotia, and taking the province's story to the U.S.

"Black Americans don't know about black Canadians," he said. "We say, 'We're going to Canada,' and they say, 'They are no black people in Canada!'"

Planting future seeds

Colombian woman fighting for better working conditions

LINDSAY JONES

Maria Fernanda Bolanos hopes a tour of Halifax's water and wastewater treatment plants will help improve working conditions in her native country.

Colombian trade union activist toured the Mill Cove wastewater treatment plant and water treatment plant

in

monds

Plains yes

Ham-

Tour

• CUPE national president Paul Moist is one of leaders currently touring Colombia fiaht against privaand deregulation.

terdav. Through an interpreter, Bolanos said she was impressed with Halifax's servic-

hopes to have the same in her city of Cali.

"The form of the organization is very different," the 34-year-old said.

Bolanos is a municipal waste worker who has been under threat from death squads in her country. She was brought here for a six-



Maria Fernanda Bolanos, a waste worker from Cali, Colombia, is in Halifax touring the water and wastewater treatment plants. She faces danger in Colombia for her trade union activism.

week tour by the Canadian Union of Public Employees for a cooling off period.

Her activist work focuses on young people who earn low wages working for subcontractors without any contract or job security.

"We're the most persecuted and the most prejudiced against what the government is doing right now," she said.

All health care, social security, pensions and nearly all hospitals have been privatized in Colombia, leading 135,000 workers to lose their jobs, CUPE says. Nearly 3,000 trade unionists have been murdered since the mid-'80s

Even though her life has been threatened, Bolanos says she will continue to fight.

"Part of the work that we do are some seeds that (we have) planted so that those who come behind us are able to see the fruits of the labour or to finish planting the seeds," she said

Campaign encourages biting into local food

"The community

picnic celebration

products produced

JON TATTRIE for Metro Halifax

Nova Scotians are being encouraged to buy local food ahead of the provincewide Incredible Picnic

The government advertising campaign will highlight the advantages of getting

from sources closer to home.

"Nova Scotia reminds all of us farmers are an important part how important it is of our rural to purchase communities, producing quality foods here in the for con- province." for sumers," said Jennifer Reynolds

Minister

Brooke Taylor.

"This campaign is truly a public-private partnership designed to encourage residents to buy more Nova Scotian produced foods."

The summer campaign will include television spots, billboards and newspaper

On Aug. 24, Halifax will join other communities across the province for the Incredible Picnic. Inspired by France's 1,000-kilometre cross-country picnic held to

celebrate Bastille Day, the Nova Scotian picnic aims to attract local buyers and producers from Sydney to Annapolis Royal.

The community picnic celebration reminds all of us how important it is to purchase products produced here in the province," said Jennifer spokeswoman Reynolds.

Jason dle, assistant produce manager at Pete's Frootique Halifax, welcomed move.

"We try to use as much local produce as we can," he said, estimating that 20 per cent of the store's fruits

and vegetables are from Nova Scotia. He said buying locally is good for the local economy and for the environment, as it cuts down on transportation miles. It's also good for the consumer, as local produce tends to use fewer pesticides.

Imported produce is bred tough to travel thousands of kilometres, so local food generally tastes better, too.

"You can tell the difference," Spidle said.



Ontario women claim to spot big foot

Two Ontario women say they saw what might have been the legendary sasquatch in northwestern Ontario last week. The women who were berry picking at the time saw the hulking creature before it darted off into the forest. The pair returned later with others, found a large footprint and have sent it to experts for analysis. METRO NEWS SERVICES

Local/Canada



Joggins Fossil Cliffs was recently named a World Heritage Site.

World takes a look at Joggins

Fossil cliffs focus of study

"It comes down to a

JENNIFER TAPLIN jennifer.taplin@metronews.ca

There's a price to pay for the world's attention.

When communities like Joggins are thrust into the limelight, it can change it forever, warns Wanda George, a researcher at Saint Mary's

University. **Joggins** Fossil Cliffs **question: can we** are now the have our cake and province's second Unit- eat it too?"

ed Nations Wanda George Educational Scientific

Cultural Organization (UN-

ESCO) World Heritage Site. "We give up a bit of our ownership and we take on a whole different philosophy when we take on a market of selling a culture," George said.

In essence, a site no longer solely belongs to the community, but it be-comes a commodity marketed far and wide.

'It comes down to the question: can we have our cake and eat it too?

There must be a balance between marketing a successful tourist destination without giving too much of the community away, George explained.

doesn't It mean the UN-FSCO

moniker is a bad thing, she said, it just needs to be carefully managed.

Joggins will be the focus of an international workshop in Halifax this week. Researchers will examine how tourism destinations can best manage their UNESCO designations.

Thirteen researchers are taking part in the workshop, including guests from Lebanon, Belgium, Hong Kong and the U.S.

Animal pathologist dies

OBIT The province's first animal pathologist, Errol Hancock, died on the weekend at the age of 106.

He spent 36 years in the agriculture industry and in 1927 he tested cattle for tuberculosis eradication and worked on the eradication of other cattle and poultry

He transferred from the Canadian Department of Agriculture, Health of Animals Branch to the provincial agriculture department in 1937.

"The industry continues to experience benefits from his pioneering work in the field of disease eradication and control. The department of agriculture continues to offer several of the programs and services he helped establish." said Minister of Agriculture Brooke Taylor in a statement yesterday.

METRO HALIFAX

2 Afghan children shot

MacKay announces probe into 'tragic circumstances'

Canada will investigate why its troops opened fire on a car in southern Afghanistan, killing two small children, Defence Minister Peter MacKay said vesterday.

He noted, however, that earlier probes into similar civilian deaths had always absolved the soldiers in-

Military officials say a two-year-old boy and his four-year-old sister died when the troops blasted a more troops going to Afghanistan

Speaking earlier in the day, MacKay said Canada would send an extra 200 troops to Afghanistan to maintain and operate unmanned aerial surveillance vehicles and helicopters

car approaching their convoy in Kandahar province Sunday.

They said the driver had ignored several warnings to stop.

MacKay said Canadian soldiers were working in "tough, trying and intense circumstances" and often had to deal with attacks from Taliban militants hiding among civilians.

When these tragic circumstances arise, we always take the important time to investigate what took place. There are rules of engagement followed by Canadian, followed by NA-

TO soldiers," he told reporters in Ottawa.

"In each circumstance where this type of very unfortunate tragedy occurs, Canadians have been found to have followed those rules of engagement," he said.

Canada has 2,500 soldiers based in Kandahar.

So far 88 have died since the mission began.

The mission is scheduled to end in 2011.

REUTERS

Ottawa Canal locks opening



Operator Nick Wright opens the locks on the Rideau Canal at the Ottawa Locks yesterday. Up to 3,000 boats move through the canal every season and this year more are expected for the first-ever Rideau Canal Festival, to run Aug. 1-4.

News in brief

EDUCATION Mexican children in poorer areas of Monterrey are further ahead in kindergarten than the average Canadian kid, says new research led by renowned expert Dr. Fraser Mustard. He cites education community programs away from schools, as used in Mexico, as the main reason for their growth.

CLIFFORD OLSON Public Safety Minister Stockwell Day has called for a probe into how personal prison items from Clifford Olson wound up for sale online. Letters, legal documents and other items belonging to the notorious se rial child killer are available on www.murderauction.com.

METRO NEWS SERVICES

Sloppiness prompted isotope shortage: Report

OBIT Widespread sloppiness at both Canada's nuclear regulator and government-owned Atomic Energv Canada Ltd prompted the damaging closure of a reactor which made medical radioisotopes, a report said Monday. AECL's 50-year-old Chalk

River reactor — which produces more than twothirds of the global supply was shut down for three weeks late last year, quickly triggering shortages.

AECL's chairman quit in December, and in January, Ottawa fired the head of the Canadian Nuclear Safety Commission.

A damning report by three independent consultants said officials from AE-CL and the commission often ignored standard procedures that would have



The reactor at the Atomic Energy of Canada in Chalk River.

identified the problem ear-

lier.
"This culture of informality was considered a significant and fundamental flaw in both organizations' methods of operation and contributed to a series of misunderstandings," said the 119-page re-

Tories shelling out for ads

MILITARY Persuading Canadians to join the military and fill out their census forms contributed to a big spike in adver-

tising costs for the federal government

A new report The amount in millions of reveals that Ot- dollars the defence departspend- ment spent on its campaign ing on advertis- to recruit more soldiers.

ing more than doubled in 2006-2007, the first year the Conservatives were in power.

The report by Public Works, titled "Engaging and Informing Canadians,

says federal departments spent \$86.9 million on radio, TV and print ads during that period, up from

\$41.3 million 2005-06 in when a moratorium new spending was in effect. The report, to be released this week. cites

the defence department's aggressive effort to add thousands of new soldiers as one of the biggest spenders.

TORSTAR NEWS SERVICE

Libyan police have seized 50 kg of heroin, the second largest seizure of such drugs in Africa, Libya's Interior Ministry said yesterday. The heroin was discovered in the southern desert town of Wahat, known for its oasis palm groves. REUTERS

World/Business

No full peace deal this year: Olmert

ISRAEL Prime Minister Ehud Olmert told Israeli parliament yesterday a full Israeli-Palestinian peace accord that includes Jerusalem was not within reach this year, but said differences over borders and refugees were bridge-

U.S. President George W. Bush had urged both sides to sign a "peace treaty" before he leaves office in January, without offering details about what that deal should entail

But Olmert, in remarks released by parliament after a closed-door hearing, said Jerusalem was too contentious an issue to be resolved this year.

Army execution to be first in 51 years

u.s. President George W. Bush yesterday approved the death sentence of an Army private convicted of murder and rape in 1988, becoming the first U.S. president to approve a military execution in 51 vears.

Bush signed a request by the military that Ronald Gray be put to death following his courtmartial conviction 20 years ago on multiple charges of murder and

Indian bombings spark criticism

INTELLIGENCE Indian Prime Minister Manmohan Singh yesterday visited victims of bombings that killed 45 in a communally sensitive city, as calls grew for his government to beef up its intelligence apparatus.

The 16 bombings in western Ahmedabad on Saturday came a day after blasts in the IT hub of Bangalore in which one woman died, sparking criticism that authorities were lax in probing militant groups



Relatives of a victim of the bomb blasts cry during the funeral ceremony in Istanbul yesterday. The death toll in two bomb blasts in Istanbul rose to 17 yesterday in an attack that sharply increased tension as Turkey's top court began deliberating on whether to ban the governing party.

Ruling Turkish party may get shut down

Court looks at AK Party after bomb attacks

Turkey's highest court began considering yesterday whether to shut down the governing AK Party for Islamist activities against a background of tension following two bomb attacks in Istanbul over the weekend.

The blasts killed 17 people and wounded more than 150 on Sunday, hours before the Constitutional Court was set to look at the case. Five of the dead were children, Istanbul Governor Muammer Guler said.

"We have been fighting terror for 30 to 35 years.

Power struggle

• The court case is linked to a long-running power struggle between Turkey's secularist es-tablishment and the Islamist-

This fight will continue until we win it," Prime Minister Tayyip Erdogan told residents at the site of the blasts in a working-class neighbourhood on the European side of Istanbul.

Today is a day for unity," Erdogan said.

emotionally the

rooted AK Party, which are at odds over the direction of the officially secular, but predominantly Muslim country.

charged aftermath of the bombings, the Constitutional Court began examining whether the AK Party had engaged in Islamist activities and should be closed. The party denies the charges and a ruling is expected in early August.

Karadzic to be smuggled out of Serbia

WAR CRIMES The transfer of Radovan Karadzic to the war crimes tribunal in the Hague will be carried out covertly to avoid media attention and planned protests by nationalist supporters of the former Bosnian Serb leader.

Karadzic, who faces charges of genocide during the 1992-1995 Bosnian war, was arrested last week in Serbia after 11 years on

Arrest protested

• Hundreds of people gathered to pray for Radovan Karadzic across the Serb half of Bosnia on

the run. He is now being held in a Belgrade prison awaiting extradition.

Security service sources say there are dozens of options for moving him unobtrusively, involving disSaturday, holding vigils inside churches or marching in protest of his arrest for war crimes

guised vehicles, secret exits, dawn transfers and decoy motorcades to fool the television crews staking out the prison, court and

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Business

BCE slashes 2,500 jobs in bid to save \$300M

COSTS BCE Inc said yesterday it will slash 2,500 management jobs at its main Bell Canada phone unit to clamp down on costs as it gets ready to go private in the world's biggest leveraged buyout later this year.

The cuts amount to about 15 per cent of Bell Canada management. They include a 30 per cent reduction in executive jobs announced earlier this month.

The cuts, combined with other reductions the company made earlier this year, are expected to generate annualized savings of

Going private

 Montreal-based BCE is being taken private in a \$34.8 billion buyout led by the Ontario Teachers Pension Plan and a group of U.S. private-equity firms.

about \$300 million.

"It was just a top-heavy structure and I think this kind of puts it more in line with what it should be in order to work more efficiently," said Troy Crandall, an analyst at Mac-Dougall, MacDougall &

THE DAILY **BUSINESS BUZZ**

Green impact:

While 80 per cent of Canadians consider the environmental impact of their purchasing decisions, the majority believe that environmental claims are often just marketing ploys, according to Bensimon Byrne's Consumerology Report. The survey revealed that cost was the primary barrier of adopting more environmentally friendly practices as green products are overwhelmingly seen to be more expensive than regular products.

Long-term care facilities:

Three long-term care facilities and 200 new jobs are coming to Colchester County. Shannex, a family owned and Maritime-based company, will develop a long-term care establishment in Bible Hill, Brookfield and Debert. All are slated to open in the spring of 2010.

Plant files for bankruptcy:

The beleaguered Federal Gypsum wallboard plant in Point Tupper filed for bankruptcy, owing about \$32 million to more than 90 creditors - almost half of that to the provincial and federal governments. Also, creditor Century Services obtained a court order to end a blockade of the plant by employees who were demanding wages they are owed. It was that blockade that prompted Century Services to start the process of forcing Federal Gypsum into bank-

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Metro is the world's largest newspaper, with more than 20 million daily readers in 100 maior cities in 21 countries

News in brief

HUMAN RIGHTS The UN General Assembly yesterday unanimously confirmed South African judge Navanethem Pillay as the world body's new human rights chief, and activists urged her to be tough in her post, Pillav will succeed outspoken Canadian Louise Arbour.

SPACE Richard Branson yesterday unveiled the

WhiteKnightTwo, the plane intended to be the launch aircraft for a Virgin Galactic spaceship full of paying passengers. Virgin Galactic hopes to send its first paving customers into space for \$200,000 each within two years. PAKISTAN A suspected U.S. missile strike on a Pakistani madrasa near the Afghan border killed six people vesterday. possibly including Abu Khabab al-Masri, an al Qaeda chemical and biological weapons expert, Pakistani security officials said.

EXTRADITION A Thai court postponed a hearing yesterday to extradite suspected Russian arms dealer Viktor Bout, known as the "Merchant of Death" to the United States because his lawyer was absent, a prosecutor

REUTERS

business

 1.0%
 0.2%
 3.4%
 3.0%
 3.05%
 2.75%
 2.25%
 0.05%

ICICI ING PCF RBC Scotia TD Interest rates/Savings accounts METRO NEWS SERVICES

face-to-

trusty

Your Money



What you're worth



f you are reading this article at work, you might want to shield it article at work, from the boss. This week, it's all about getting paid what you're worth.

Now, we realize that it can be tough sometimes to approach your employer to ask for a raise. But, if you know what to say, how to say it and when to say it, then you have a far better chance of walking out of the office pumping your fist (discreetly, of course!), as opposed to hanging your head and playing out dramatic scenarios of how you would quit.

First off, make a list of



First off, make a list of the reasons why you deserve a raise: Letting your boss know how you have increased the company's bottom line is probably the most effective approach.

the reasons why you deserve a raise. These reasons have to be based on facts and not based on emotions.

Letting your boss know how you have increased the company's bottom line is far more effective then

explaining that you really want to buy a house so you will need to make more money. Think about ways you have gone above and beyond your responsibilities. Have you received any positive feedback from others that you can reiterate to your boss, how have you demonstrated commitment to the company and why would they not want to lose you?

Then, take a minute to figure out what exactly you want the outcome to be. You should be open to negotiating should

percentage or a specific ty list." amount? Or

maybe you would be happy with a week or two extra vacation in lieu of a raise or a flat out fee? Whatever it is, be clear and realistic.

We suggest approaching colleagues that you feel comfortable with and asking them what they are making (it worked for one of us). You could also do a little research online to see what other companies similar to yours are offering potential employees with a similar responsibility list.

Then schedule a time to sit down with your em-

ployer. When you are finalyou "You could also do also a little research onhave a clear idea as to line to see what face, take out that piece of pa-per (it's ok to bring with what it is you other companies are looking similar to yours are you offering potential present the facts. Keep a cool head and looking for a employees with a wage increase similar responsibilibe confident, after all

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

you deserve it!

Be open to negotiating and if your boss needs to take some time to think about it, set another time to meet before leaving the office. And if you don't get exactly what you were looking for, ask what you can do to ensure that you will get there in the very near future. Then send us an e-mail to smartcookies@metronews.ca to let us know how you did!

Tune in Wednesday at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

AIR CANADA (*) VACATIONS

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Parents beginning to bank on son's education costs



After careful discussions with our financial planner, my wife and I decided to invest the cost of university tuition on behalf of my son for his fu-ture. Our financial planner estimates that within 20 years, we could accumulate more than \$300,000 that my son would inherit. This would be our gift to him. How much tax will we pay and do you agree with this course of action?

-JOHN AND AM Any child would be ecstatic to receive that amount of cash ackslash from their parents. The gift or inheritance will not be taxed in your son's hands, however you may be subject to tax at your marginal rate. Capital assets, such as stocks, real estate, mutual



A typical Canadian university could cost between 30,000 to \$70,000 for a four-year undergraduate degree.

funds, etc., are deemed sold at fair market value when the title changes hands or when you pass

Investing for the future does not necessarily mean savings. Consider the cost of education as an investment and not money lost. Some parents would prefer to gift the value of education today and have their child reap the benefits in the future.

A typical Canadian university could cost between \$30,000 to \$70,000 (if your child studies away from home) for a four-year un-dergraduate degree. Some post-graduate degrees will cost considerably more. Check into scholarships or student loans. A tuition credit can be claimed by students or partially transferred to a parent for tax purposes.

Aside from the monetary aspect, think about the emotional and intellectual value your child may either gain or be deprived. Money matters, but so do

Henry Choo Chong, CGA, provides accounting and taxation solutions. E-mail Money Matters: choochonghcga@yahoo.ca.

On the web

Allan Small, FMA, explores what you can do to take advantage of oil prices in his column Investment Perspective, available online at metronews.ca.

Barcelona striker Samuel Eto'o will not join the Cameroon Olympic soccer squad, official daily Cameroon Tribune reported. REUTERS



Beijing full of challenges

Pollution, tainted food among issues facing athletes at Summer Games

SHERISSE PHAM for Metro Canada

An elite international sporting event inevitably comes with host city baggage. Beijing is no exception — the Chinese capital has been criticized for everything from human rights practices to unsafe

For coaches and athletes traveling to the city for the upcoming Summer Olympics, dealing with issues that could negatively impact an athlete's Olympic experience remains an ongoing chal-

"There are three big issues here — the heat, the pollution and the food," said Derek Evely, an athletics coach who co-trains Olympic athletes like defending 400-metre indoor champion Tyler Christo-pher and relay athletes Emmanuel Parris Pierre Browne.

There is not much the city can do for thermometer readings -Beijing's average maximum temperature for August is about 30°C — but measures are in place to address their reputation for



A cyclist rides through Beijing's iconic Forbidden City shrouded with smog.

perennially grey skies. The city ordered neighbouring smog-producing plants to cease operation or drastically reduce emissions and took roughly half of all private vehicles off the roads this past Sunday, regulating numbers via odd- and even-numbered license plates.

But Megan Metcalfe, a track and field athlete and member of Canada's 2008 Olympic Team, viewed the pollution as a secondary problem. "Our team doctor has told us that there is nothing to panic (about), the pollution is only an irritant and should not have an effect on performance, she said. "I am more concerned about competing in the heat and humidity.

Most Canadian athletes competing in outdoor events will acclimatize to Beijing during a 2 to 3 week training camp in Singapore. To help combat the heat whilst in the host city, Evely and his colleagues are dishing out advice that sounds similar to suggestions a recuperating invalid might receive: Stay off your feet and stay indoors.

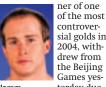
The food issue is trickier. Questionable local food headlines last when Chinese month Olympian Ouyang Kunpeng told domestic media he accidently ingested the banned substance clenbuterol, a bodybuilding aid, after eating tainted meat at a barbecue. He was banned from competition for life.

Susie Langley, a dietician and Ontario representative of the Canadian Centre, believes Canadian athletes will stay away from local meat en-

"No athlete wants to train this hard to get to Beijing and then jeopard-ize testing positive from eating local food that might be tainted with steroids'

Injured Hamm to miss Games

GYMNASTICS Olympic allaround champion Paul



controversial golds in 2004, withdrew from the Beijing Games vesterday due to injury.

Hamm, win-

Hamm was recovering from a broken bone in his right hand sustained in competition on May 22.

Sports in brief

CYCLING World road race champion Marta Bastianelli has failed a dope test, the Italian cycling federation said vesterday. Bastianelli was due to take part at the Beijing Olympics but a spokesman for the Italian Olympic Committee said her participation was now unlikely. Bastianelli tested positive on July 5 at the European under-23 championship in Italy.

ATHLETICS Sprinter Katerina Thanou was named yesterday in the Greek team for the Beiiing Olympics. Thanou still faces a disciplinary review by the International Olympic Committee to examine her eligibilitv for the Games. RELITERS

Tomorrow's lineup

IS IT WORTH IT? Only nine of 267 Canadian athletes at the 2004 Games won medals. Was it worth the effort for those who didn't? Read tomorrow's Metro for more.

days remain until the official start of the 2008 Summer Olympic Games in Beijing.

Smoggy city

- Haze-shrouded Beijing may take more cars off the roads and shut more factories if air quality remains a problem during the Olympic Games, state media said yesterday.
- The pollution has proved hard to shift days before athletes and visitors arrive, despite the implementation of two month evenodd car ban and temporary factory closures.

Get your happy dance ready - Wednesday's Jackpot is

\$24 MIL

estimated

Remember to sign your ticket... you could be a winner!



Sports



Posada done for season

nager Brian Cashman said he met yesterday with Posa months to recover from surgery.

Burnett nets 10 Ks in Jays win

BLUE JAYS 3 RAYS 1

MLB A.J. Burnett struck out 10 over seven strong innings last night, outdueling James Shields in a 3-1 win for the Toronto Blue over



Rays last night in the opener of a threegame set. Burnett allowed on-

ly one run on six hits with four walks for Toron-

to, which has won six of seven. The right-hander matched his career-high for wins in a season.

Fredericton's Matt Stairs' two-run homer in the fifth inning was the big blow for Toronto, which made the most of its five hits.

Shields gave up three runs on five hits in 7½ innings, striking out five with no walks to take the loss for the Rays. An RBI groundout by Carlos Pena provided the lone run for first-place Tampa Bay, which left nine runners on base as it lost its second straight.

METRO NEWS SERVICES

Sports in brief

NFL Buffalo Bills running back Marshawn Lynch will not be disciplined by the NFL for pleading guilty in a hit-and-run case that injured a Canadian woman. League commissioner Roger Goodell said that because Lynch's case was reduced to a traffic violation, he was not in violation of the NFL's personal conduct policy.

NBA The Toronto Raptors signed free agent guard Will Solomon yesterday. The 30vear-old Solomon has played the past two seasons in Istanbul. Last season he posted averages of 17.8 points, 4.4 assists and 3.2 rebounds in 13

NBA The New York Knicks acquired quard Taurean Green, forward Bobby Jones, and a second-round draft choice in 2010 from Denver yesterday, in exchange for forward Renaldo Balkman and cash considera-METRO NEWS SERVICES

Godfrey may be ready to bolt Jays

Team president may not seek contract extension after season ends

Paul Godfrey's contract as president of the Blue Jays expires after this season and he isn't sure whether he'd like to remain in charge of the frustrated franchise

"It'll probably be up to me," Godfrey told me in an interview yesterday, "but I haven't made up my mind if I want to keep doing this. I'm undecided.

It's been a turbulent season for Canada's MLB club, never having truly challenged in the AL East. Future Hall of Famer Frank Thomas and manager John Gibbons were both unloaded in controversial moves and general manager J.P. Ricciardi and his front-office crew almost certainly will be dumped



sooner or later.

If Godfrey isn't back, sources suggest Jays owner Ted Rogers and his aides will pursue either Paul Beeston or John Tory as his replacement. Beeston, a former president of the Jays, is retired. Tory, a former commissioner of the CFL, is the leader of Ontario's Progressive Conser-

 Godfrey, incidentally, told me he has been inundated by letters from Canadian fans urging him to ask MLB to move his team to another division so that it can stand a fighting chance against less affluent oppo-nents than the New York Yankees and Boston Red

"Won't happen," Godfrey said. "It would mean (MLB) would have to get another team to agree to move into our division - and who's going to want that?"

• The Yanks, naturally, keep spending and, after recently acquiring Richie Sexson and Xavier Nady, soon will obtain Jarrod Washburn and perhaps — brace yourself — Barry Bonds ... From trouble-child Manny Ramirez, who wants out of Boston: "I can

play in Iraq if need be." ... Pittsburgh management agreed to trade B.C. native Jason Bay to the Atlanta Braves on the weekend for four prospects but Pirates ownership vetoed the deal in the last instant ... An-other B.C. guy, Rich Harden, is a mind-boggling 0-1 since being dealt to the Chicago Cubs, even though he has 30 strikeouts and a puny 1.04 earned-run average in three starts and 17 1/3 innings.

• Don't look now, but all four Western teams in the CFL are above .500 while all four Eastern squads are below .500 ... The low .500 ... The Saskatchewan Roughriders are a perfect 5-0 but sixpoint underdogs for their Saturday game against the

3-2 Stampeders in Calgary The Hamilton Tiger-Cats, who are about to supplant Casey Printers (the CFL's highest-paid player at about \$450,000 a year) with backup quarterback Richie Williams, are 10-point underdogs to the Alouettes for their Thursday game in Montreal ... And from TSN's Glen Suitor, after the Riders' Gene Makowsky was penalized Sunday for a chop block: "That's frowned upon. It's one of those unwritten rules." Um, well, no, Glen, it's actually written - rule seven, section two, article seven. Thus, the penalty.

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Top players set to battle for No. 1 ranking

TENNIS The Rogers Cup in Montreal could end on Sunday with a shake-up at the top of the women's world rankings with just 88 points separating No. 1 Ana Ivanovic from her Serbian compatriot Jelena Jankovic.

Russian Maria Sharapova, the former world No. 1, also sits only 202 points back and is ready to pounce if both Serbs falter.

Play was slow to get underway yesterday with rain causing five suspensions but action is sure to heat up later in the week when the top eight seeds enter the fray after first-round

Jankovic, working her way back to full fitness from a knee injury, had an opportunity to nudge Ivanovic out of top spot last week by taking the title in Los Angeles but she lost in the semifinals to Dinara Safina.

She will get a second chance this week on the Canadian hard courts and is confident her time at top will come. motivated,"

am Jankovic told reporters yesterday. "Hopefully, my time will come. "If it's meant to happen,

it will happen. If you deserve it, you will get it.

"If you work hard, that hard work will pay off sooner or later. I want to



No. 9 seed Patty Schnyder of Switzerland was able to get past the wet weather that slowed down action on Day 1 of the Rogers Cup in Montreal yesterday. Schnyder advanced to the second round when China's Meng Yuan retired with an injury in the second set while down 7-6 (6), 3-2.

become No. 1 and I want to win a grand slam. Those are my goals.

Jankovic will be counting on Ivanovic being a little rusty as she plays her first event since a thirdround exit at Wimbledon. But the French Open

champion will be returning to a place that holds good memories having won the Canadian title two years ago in Montreal.

Selected first round results

- Tamarine Tanasugarn (Thailand) beat Olivia Sanchez (France) 6-3, 6-1
- No. 9 Patty Schnyder (Switzerland) beat Yuan Meng (China) 7-6 (6), 3-2 (retired)
- Anastasia Rodionova (Russia) beat Cara Black (Zimbabwe) 6-2,
- Michelle Larcher de Brito (Por-
- tugal) beat Vania King (U.S.) 2-6, 6-3, 6-3
- Virginie Razzano (France) beat Aravane Rezai (France) 6-1, 6-2
- No. 10 Marion Bartoli (France) beat Melanie South (Britain) 6-3. 6-7(5) 6-0
- Dominika Cibulkova (Slovakia) beat Elena Vesnina (Russia) 6-1,

SCOREBOARD

YESTERDAY'S RESULTS
AMERICAN LEAGUE

Baltimore 13 N.Y. Yankees 4 Cleveland 5 Detroit 0 Minnesota 7 Chicago White Sox 0 Toronto 3 Tampa Bay 1 Seattle at Texas Kansas City at Oakland

NATIONAL LEAGUE Florida 7 N.Y. Mets 3 Houston 5 Cincinnati 4 Pittsburgh 8 Colorado 4 St. Louis 12 Atlanta 3 Chicago Cubs at Milwaukee

Arizona at San Diego San Francisco at L.A. Dodgers TONIGHT'S GAMES AMERICAN LEAGUE

Detroit at Cleveland, 8:05 Tampa Bay at Toronto, 8:07 Seattle at Texas, 9:05 Chicago W. Sox at Minnesota, 9:10 Kansas City at Oakland, 11:05 NATIONAL LEAGUE

Colorado at Pittsburgh, 8:05 N.Y. Mets at Florida, 8:10 St. Louis at Atlanta, 8:10 Philadelphia at Washington, 8:10 Chicago Cubs at Milwaukee, 8905 Cincinnati at Houston, 9:05 Arizona at San Diego, 11:05 San Francisco at L.A. Dodgers, 11:10

CFL						
	E/	IST I	DIVISION			
	w	L	т	PTS		
Montreal	2	3	0	4		
Toronto	2	3	0	4		
Winnipeg	1	4	0	2		
Hamilton	1	4	0	2		
	W	EST	DIVI	ISION		
	W	L	Т	GB		
Saskatchewan	5	0	C	10		
Calgary	3	2	C	6 0		
Edmonton	3	2	C	6		
B.C.	3	2	C	6 0		
		W	EEK	6		
	THU	RSD/	Y'S	GAME		
Hamilton at Mo	ontre	al, 8				

FRIDAY'S GAME Winnipeg at Toronto, 8 SATURDAY'S GAME Saskatchewan at Calgary, 9

Dunbrack keep perfect pace

Key victory in Halifax derby improves record to 15-0 in Premiership

MATTHEW WUEST

HFX DUNBRACK 2 HFX CITY 0

Halifax Dunbrack Bremner's season of zeroes lives on. Another zero for the shutout column; the same old zero in the loss column: and zero question that Dunbrack is the team to beat in the men's Nova Scotia Soccer League Premiership.

Dunbrack blanked defending champion Halifax City Coldwell Banker 2-0 last night at Mainland Common and kept its undefeated season alive, improving its record to 15-0.

The squad is five games away from a perfect regular season.

"That was a big game for us, because, of course, our perfect record, and, they're a really good team," said 19-year-old midfielder Danny Bachar. "It's good to win that game so we can try to go undefeated going into the playoffs.

Ross Hagen scored in the 37th minute, while Hamzeh Afani potted an insurance

standings

	W	L	Т	Р
Hfx Dunbrack	14	0	0	42
Hfx County	11	3	2	35
Halifax City	10	4	0	30
Cape Breton	3	8	2	11
Scotia	3	10	2	11
Dartmouth	2	8	3	9
Valley	2	10	3	9
Highland	1	11	2	5

marker in the 75th. Keeper Kyle Hartlen posted the clean sheet, his league-leading eighth of the summer.

Bachar, a left-footed ball magnet in the midfield, did fantastic work to help Dunbrack stay in control of the game, particularly after captain and reigning league MVP Jay Robinson went down with an ankle injury in the 50th minute.

Dunbrack's roster is highlighted by veterans Robinson, Jon Marsh and Ed Farias on back line, Bachar in the midfield, and strikers Mike Marsh and Luke Corey up front.

They've scored 51 times in 15 games and allowed just eight goals against. Hartlen has shutouts in eight of 10 starts.

If you look at the shots I've had, I don't know if it's even over 10," Hartlen said. You have to credit the back line and the midfield. The whole team works hard for

Dunbrack won last year's regular-season title, but lost to fourth-seeded City in the provincial final.

"We've learned not to focus on the undefeated season and focus on where it counts," Hartlen said. "We can't let off."

City dropped to 10-5, and is looking to find its stride after adding NCAA stars Dylan Sheehan and Matt Brit-

ner.
"We are a mature, experienced team, and we have a lot of talent," City head coach Darrell Cormier said. "It will come."



Halifax Dunbrack forward Luke Corey, left, collides with Halifax City defender Matthew Britner as they battle for the ball during men's Premiership action last night at the Mainland Common.

Ezurike helps Canada qualify

SOCCER Lower Sackville's Nkem Ezurike has helped Canada qualify for the FI-FA Under-17 World Cup.

The 16-year-old striker saw field time at the CONCACAF women's under-17 championship in Trinidad and Tobago, a two-week Ezurike

tournament



that concluded Sunday. Canada beat Mexico 1-0 in the bronze-medal game and will be part of Group A at the inaugural World Cup with Columbia, Denmark and host New

Zealand starting Oct. 28. Jenna Goobie, also from Lower Sackville, was on Canada's roster but did not play.

Sports in brief

SOCCER Nova Scotia's under-16 girls team placed fourth at the Canadian all-star soccer championships in Sherwood Park, Alta.. on the weekend. The squad beat B.C. 2-1 to earn Nova Scotia's best finish at the event. The under-14 girls placed seventh, while the under-16 boys came fifth in Longueuil, Que. The under-14 boys finished sixth.

SWIMMING Olivia Feschuk of the Halifax Trojan Aquatic Club won a gold medal on Sunday in the girls 12-and-under 50-metre butterfly at the Canadian age group swimming championships in Calgary. She earlier won a silver medal at the same event, David Sharpe, also of HTAC, finished with a medals. METRO HALIFAX

WALKAWAY

O'REGAN'S ON ROBIE

DEALS OF THE WEEK ARE BACK!

CASH PURCHASE FROM

329*_{/MONTH} \$0 DOWN **FOR 48 MONTHS**

2008 NORTH AMERICAN CAR OF THE YEAR

2008 **MALIBU LS**

80 MODELS TO CHOOSE FROM.





"Highest ranked mid-size car in Initial Quality.

- JD Power

Plus taxes. See dealer for details. Vehicle may not be exactly as shown.







10 lifestyle

When buying fruit juice, read the label. Choose products with the word "juice" on them, to make sure you are getting B vitamins, potassium and other nutrients. Beverages that say "drink," "punch," "-ade," "cocktail" or "delight" on the label may have very little juice in them and a lot of sugar. CELIA MILNE

Health



Green tea beauty
Green tea is best known as a healthy drink, but did you know it also has positive benefits when applied directly to skin? Green tea has been observed to clear blemishes and other skin problems such as rashes. The leaves in green tea also act as an excellent exfoliant for the skin. Concentrated green tea extract can be applied directly to soothe, soften and cool.

Diary makes diet easier Celebrate another

Keeping track of intake can double weight loss: Study

It won't burn many calories on its own, but if you're looking to lose weight, the most important exercise you can do is to pick up a pen and write.

Dieters can increase their weight loss twofold by simply keeping a daily diary of what they eat, a large new U.S. study says.

"The more food records you keep, the more weight you lose," says psychologist Victor Stevens, senior investigator with the Kaiser Permanente Centre for Health Research in Portland, Ore. and a study coauthor. "And the good news is that's a technique that any-

The study will be published in the August edition of the American Journal of Preventive Medicine. The 20-week study was part of a three-year research program that involved some 1,700 over-weight people who were placed on fruit- and veg-



etable-rich diets.

It showed that people who kept no daily food records lost an average of four kilograms, while those who kept six or more per week lost an average of eight kilograms.

Stevens says a diary makes it plain to dieters where it would be easiest to cut out calories. "You would think people would know ... where the extra calories are coming from, but they don't," Stevens

The diaries were simple tabulations of what you ate, the quantity, and the calories each item contained. Stevens says. "And you look at that list and say `Well, wow, I can reduce the calories in my lunch,

that would be easy.'
"Then they develop plans to deal with that. And that's a critical part of the process. You need a specific plan of action, rather than some vague notion that you'll just eat

And keeping track of food intake as the day goes on also allows dieters to see how well they are keeping to their

Diet vs. Exercise

 Study co-author Victor Stevens says exercise pales in importance to diary keeping, especially in the early stages of weight loss. He says the study's goal was to reduce calories by 500 a day, far easier to achieve through dieting than exercise.

TORSTAR NEWS SERVICE

plans, Stevens says.

Stevens also says dieters who attempt weight loss within a social network are also much more successful at dropping excess pounds.

The study found that each social session study dieters attended where they would discuss their successes and failures — was worth 0.3 kilograms in extra weight TORSTAR NEWS SERVICE

year older in style



hine the tiara, break out the sugary grocery store cake iced in colours not found in nature, fire up those candles it's my birthday!

Forget the, "I don't want anyone making a fuss" nonsense. Birthdays are an excuse to be Diva for a Day. And, with a little thought, any mere birthday can be turned into a week-long celebration. You-fest! You-arama!

Here's a simple planning guide:

Five days before birthday: The announcement.

Begin to casually drop reminders to family and coworkers. I.e.: "I was thinking of scheduling a meeting next month and then I realized that this Friday is my birthday." It doesn't have to make sense. It just has to convey the message. Kind of like men's aftershave ads.

Four days before: Start getting in the mood.

Begin by reviewing your accomplishments. This year, mine are a) I'm still standing, and b) Neither of my daughters is currently in a van headed to Mexico "Snake." named guy

It helps not to set the bar too high.

Next, make a list of goals for the year ahead.

Anything I don't achieve oes onto next years list. This accounts for such items as "Marry David Cassidy," and "Buy Enron stock." I should include, "Have many unexpected things happen so nothing else gets done." At least I'll have something to check

off next year.
Three days to go: Prep for being a year older. Repeat, "I gracefully ac-

cept the changes in my body." Then laugh yourself silly and go buy the most expensive face cream in the store.

Two days to go: Check party plans.

There is a reason to share this important event with friends and family. They give you stuff. Remember the saying, "It's better to give than to receive." Your birthday is a way of letting your friends

have the fun part. You may wish to provide tips about gift giving, particularly if you have men in your life. Such as, "Good things come in small packages" does not mean you can give me drill bits."

The big day! Let loose! Ask yourself, "What's life without adventure?" OK, safe, peaceful. But today's chance to do something crazy and out of character. I don't mean calling your mother or paying your bills on time. And, if anyone suggests you act your age, just say, "Not today. It's my birthday."

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.





World renowned entertainers Sharon and Bram – sans Lois – will perform at the Rebecca Cohn Auditorium on Sunday, Sept. 21. Tickets are \$16.50 in advance, \$21.50 on the day of the show. Call the Dalhousie Arts Centre at 494-3820. METRO HALIFAX

Jordan Croucher, left, and Jhevon Paris will headline the Choose Your Love Urban Music Festival Tour '08 at the Alderney Landing Theatre or Sept. 25. Tickets to the show are \$16.95. Visit www.ticketpro.ca



Choose Love

Jully's home away from home

DEAN LISK dean.lisk@metronews.ca

and ready to eat.

Jully Black loves the idea you can walk into Maritime grocery stores and get lobster – fully cooked

"I spent the summer in Halifax when I was 10 years

old with my cousins, and that was the "Nova Scotia has one thing — always made me mmmm," said the Juno win- feel at home." ner, who drove Jully Black here with her family.

Black will be flying to the city this time, as she prefers to spend Natal Day weekend performing at Casino Nova Scotia and at the New Glasgow Riverfront Jubilee.

See her

 Jully Black performs at Casino Nova Scotia on Friday, and at the New Glasgow Riverfront Jubilee on Saturday. Visit casinonovascotia.com or www.jubilee.ns.ca for ticket information.

"I look forward to being there," adds the Toronto-born singer of Jamaican heritage.

"Nova Scotia has always made me feel at home. There is a vibe. To me, we are honourary Caribbeans, and Caribbeans are honourary Nova Scotians there is something about

us, we are kindred spirits.

This will be Black's first time performing in Nova Scotia since she took part in a

songwriter's circle at the casino in 2007. A lot has happened since that show including the release of her latest album, Revival, and a Juno win.

"No matter how long you have been in the industry, you can't anticipate anything like this. You dream it, and you try to picture it, but, you know what, however it is going to happen, it is going to happen.

That first break came for her in 1998 at Toronto's Bamboo Club. It was there she was discovered by a



Jully Black performs at the casino and the New Glasgow Jubilee this weekend.

music industry rep. She earned a Top 40 hit that year with Rally'n, but a subsequent album was delayed - then scrapped — when MCA folded.

"Sometimes, as a musician, you do get a little discouraged. Especially being in this country and trying to figure out, 'Wow, do I keep going for me, do I have the energy and the time to keep going?"

It's that resilinacy Black is sharing these days as a special mentor to the contestants on this season's Canadian Idol — including Bluenoser Mitch MacDon-

"I love Mitch. He is awesome and has a wonderful spirit," she said. "He is talented. We all know that, hands down. But, in this business, I think your personality and your pose and demeanor will get you so



whole New Glasgow Riverfront Jubilee — which runs Thursday through Friday - or just take in one day of the festival? Here is a look at who is playing on what dav.

- Opening Ceremonies & Kitchen Party featuring Craig MacEachern, John Muirhead. Derek Martin, Mike Chapman, Jason Perry, Fleur Mainville and Pat MacFarlane, 7 P.M.
- · Performances by Jamie Sparks, Tom Fun Orchestra

· Performances by Mendiva, Above All Else, Stampeders, Awake and Dreaming, The Trews (above), and Beyond Ash.

SATURDAY

- Scotsburn Dairy Children's Jubilee with Maritime Marionettes, Ostinato Quintet, and Strive, 1 p.m.
- Caustic, Fuzz Petals, Steven Bowers, Jully Black, Matt Mays & El Torpedo, and Alert the
- Ferrona, Groundstar, Dave Gunning's Pictou County Songwriting Contest Winners, 7 p.m.
- For more information, visit www.jubilee.ns.cametro HALIFAX

Capturing that spur-of-the-moment quality

DEAN LISK dean.lisk@metronews.ca

Three friends — one dad to a popular Canadian musician — are taking to the stage of The Carleton on Thursday night.

Bill Plaskett, father to Joel Plaskett, will be performing a mix of traditional music from the Appalachia, Britain and Cape Breton at the Argyle Street venue with Ronnie MacEachern and Claudine Langille.

"It's the spur of the moment inspirational quality of playing with them that I like," said Plaskett.

He first met MacEachern — a member of the legendary Buddy & the Boys — in the mid-'80s.

"I didn't know it at the time, but Ronnie met Claudine the same time I did," Plaskett said.

He said it was while he was living in Lunenburg Co. a couple decades ago

— "Joel was still a nip-per," he said — that he was introduced Langille.

Her parents had a cottage in the area, and she would spend her summers here. She and Plaskett were introduced at a coffeehouse, and began making music together. She later went on to form U.S.-based groups Touchtone and Gypsy Reel.

"She is up there now, at the cottage, and contacted me and said 'Are there any opportunities" Plas-kett said. "I hadn't seen her in several years."

Out of that phone call came a concert in Lunenburg Co. earlier this month. The three musicians pulled it together on short notice - but the show sold out.

"It went over so well. we were thinking 'Can we do this again?'" Plaskett said. "It's all short notice and wing and a prayer kind of stuff.'

See it

 Tickets to Thursday's show featuring Bill Plaskett, Ronnie MacEachern and Claudine Langille at The Carleton are \$20 and are available at the door.

to win tickets

Interested in attending the New Glasgow Riverfront Jubilee? Three lucky Metro readers can each win a pair of tickets. Just send e-mail

winwithmetro@

metronews.ca. The deadline is today at 5 p.m. One entry



Bill Plaskett, middle, will be joined by Claudine Langille and Ronnie MacEachern at The Carleton on Thursday night.





celebrity

Mark McGrath

Lopez new host of gossip show Extra

TV Mario Lopez is taking over as sole host of the Hollywood gossip show Extra, replacing Dayna Devon and Mark McGrath.

Lopez, a veteran of Saved by the Bell and Dancing with the Stars, had served as a correspondent and cohost of Extra's weekend edition. He will begin his new duties in September.

Extra veteran Devon will stay on as a special correspondent and backup host. McGrath is leaving the show to return to his band Sugar Ray.

Horror king claws back

Actor Robert Englund returns to big screen with Jack Brooks: Monster Slayer

Horror has been very, very good to Robert Englund. The man, who made eight appearances as the metalclawed teen nightmare Freddy Krueger, is back in the genre that elevated him from budding classical actor to international horror icon.

"I get a lot of teenagers going, 'Yo, Krueger,' and honking their horn and giving me the claw Yeah, I'm recognized," Englund said, during a recent visit to Toronto to promote the upcoming movie Jack Brooks: Monster Slayer.

In the film, Englund plays Professor Crowley, an instructor to a classroom of young underachievers.

"I get a lot of teenagers going, 'Yo,
Krueger,' and honking their horn and
giving me the claw." Robert Englund

His backed-up plumbing at his rundown country home unleashes an evil that gradually turns him into a multi-tentacled monster.

Englund said playing Freddy Krueger has given him the luxury to pick and choose his projects."The genre's been very, very good for me," he said.

"It's fun because now I'm able to read a script or see a submission film by someone like (Jack Brooks director) Jon Knautz, and say, 'God, this looks like fun,' ... and hop on a plane and work with some really gifted young people in Ottawa and have it turn out to be a terrific little retro experience," Englund said.

The California native

The California native trained as a classical actor at Michigan's Oakland University where the Meadow Brook Theatre was at the time affiliated with the Royal Academy of Dramatic Art.

Along with his fellow thespians, the high-quality theatre emanating from Stratford, Ont., dazzled Englund. He recalls the group would occasionally pool money for gas, pile into a car and head to Stratford or Toronto back in the early 1970s. "I remember seeing Christopher Plummer in the pub once (in Stratford) and thinking, 'Omigod, this is where I want to be — I want a turtleneck ... and a corduroy jacket,'" Englund said, with a laugh.

"I would have been hap-

"I would have been happy to have retired to Stratford and been a spear carrier," Englund said, until the politics — read: behind-the-scenes backstabbing – turned him off.

One night, while nursing a bottle of wine after a performance in Michigan, he caught Martin Scorsese's Boxcar Bertha on TV, realized he knew most of the crew on the film and decid-

Robert Englund plays a professor with a dark secret in his new film.

ed to head back to California to try his luck on the silver screen.

Englund's first role — a sizeable one — was as Whitey in Buster and Billie, a southern-fried tearjerker starring Jan-Michael Vincent and involved wearing loads of skin-whitening makeup. (The character was albino.)

Next came a role in V, a TV miniseries in which Englund played a benevolent alien, a show that drew an international following.

While on hiatus, Englund agreed to do a "little movie" with horrormeister Wes Craven. "They released this Nightmare On Elm Street on the East Coast only, and without

any hype or fanfare, it took off. And the rest is history," he said

Englund enjoys Freddy Krueger's iconic status and the fact that the character has been the subject of various scholarly theses.

His friendship with other actors who encountered fame, only to see their careers later wither, allowed Englund to embrace the fame of playing a monster.

"I knew Gary Busey back then and Mark Hamill was sleeping on my couch and I watched the travails they went through with their success and I just decided to embrace it. I just decided to kind of go with the flow," Englund said.

TORSTAR NEWS SERVICE









with the ladies from the

Dark Knight tops global box office

MOVIES With the new X-Files movie off to a shaky start internationally, The Dark Knight had little trouble dominating the foreign box office for a second weekend.

The Batman sequel earned an estimated \$65.6 million US from 51 markets, playing nearly three times the number of territories as in its opening weekend.

The superhero comic book adaptation was No. 1 in 42 of its markets. Topspot openings included Britain with \$22.3 million and Italy with \$5 million.

Dark Knight's international gross rose to \$126.3 million. It remained No. 1 in North America with an



The Dark Knight was No. 1 in 42 markets.

estimated 10-day total of \$314 million.

Hancock, starring Will Smith, finished second overseas with \$19.2 million from 71 markets, ahead of Kung Fu Panda at No. 3 with \$17.8 million from 59 territories. Their respective foreign totals rose to \$295 million and \$305 million. At No. 4 overall, Mamma

At No. 4 overall, Mamma Mial hit \$111.7 million thanks to a \$17.5 million weekend from 21 territories. The ABBA-inspired musical slipped to No. 2 in Britain with \$5.9 million, taking its 17-day tally there to \$49.5 million. REUTERS

No cap and gown for Swift

Country music singer Taylor Swift had a good reason for missing her high school graduation — she's on tour with Rascal Flatts. The 18-year-old just received her diploma via snail mail. E! NEWS ONLINE



entertainment 13

Showtime revisits Studio 54 era

TELEVISION The 1970s era of disco, drugs and excess is coming back with Studio, a new Showtime drama centring on the iconic New York nightclub Studio 54

Studio centres on flamboyant co-founder Steve Rubell and starts off in the months leading to the club's April 1977 opening. But Rubell will be the only real person featured, with the rest of the characters fictional or composites. (Mike Myers played the late impresario in the similarly themed 1998 feature 54, which struck out at the box office) RELITERS

Bledel finds her Good Guy

COMEDY Former Gilmore Girl Alexis Bledel has found a good guy in Friday Night Lights star Scott Porter.

The pair star in the romantic comedy The Good Guy, which is in production in New York.

Porter plays Tommy, a rising Wall Street star in a budding romance with a new girlfriend, Beth (Bledel). He begins mentoring a seemingly hapless new salesman (Bryan Greenberg) who befriends Beth, starting a chain of events that might ultimately lead to his downfall.

Newmar suffers crippling disease

HEALTH Batman

legend Julie Newmar, 74, is suffering from an incurable



nerve dis-Newmar ease that has left her struggling to walk, imdb.com reports.

The actress — who played Catwoman in the 1960s TV series — was diagnosed six months ago with Charcot-Marie-Tooth disease, which affects muscles in the legs, feet, and hands, reports the New York Daily News.

Although her legs were once insured for \$1 million US, she is now forced to grasp on to people to avoid falling as the illness impairs her ability to walk. **METRO NEWS SERVICES**

IntelleVision



DVD picks

The Band's Visit

Director: Fran Kolirin Stars: Ahuva Keren, Ronit Elkabetz, Sasson Gabai, and Khalifa Natour

Rating: PG-13 THE BAND'S VISIT. the charming film about a touring Egyptian police orchestra that winds up spending night in the wrong Israeli begins town, with a humble disclaimer: "Not many remember this.

It was not that important." It's a perfect summary of precisely why writer-director Eran Kolirin's fairy tale works so well. There is no air of importance here. There is no attempt to manufacture Middle East peace. A group of Arabs cannot transform an Israeli town overnight. But what if a few Israelis and a few Arabs could achieve a glimmer of understanding between them? It makes for an almost believable fairy tale. There is chemistry among the three leads: the starchy police colonel and band conductor Tawfig Gabai), the (Sasson

younger, less repressed violinist Haled (Saleh Bakri) and the Israeli restaurant owner Dina (a mesmerizing Ronit Elkabetz, who appears to have escaped from an Almodovar film) For

movie about an orchestra, there's an awful lot of silence in The Band's Visit, and it's used to beautiful effect, subtly underscoring cultural differences, such as the way Tawfiq's eyes can't help but linger on Dina's red-painted toenails.

It's too bad the DVD is also silent on the background of the film. There's a short making-of featurette, but it tells us little about the cast, an intriguing mix of mostly Israeli and Palestinian actors. The film is fiction, but behind the scenes are two opposing cultures coming together. It may not be important, but more insight would surely be interesting to the many fans of this award-winning film.

TORSTAR NEWS SERVICE

Harold and **Kumar Escape From Guantanamo Bay**

Director: Jon Hurwitz Stars: John Cho, Kal Penn, Rob Corddry Rating: R

IN 2004, Harold & Kumar Go to White Castle turned the pursuit of late-night munchies into an Arthurian quest. This second road movie picks up right where White Castle left off, as our accident-prone duo - ethnic odd couple Harold (John Cho) and Kumar (Kal Penn) - find themselves heading to Amsterdam.

White Castle co-writers Jon Hurwitz and Hayden Schlossberg are back and

the movie even features the return of Neil Patrick Harris, repeating his headtripping horndog turn again for fun and plot expediency. The ante has been upped considerably this time, because Harold and Kumar are chasing freedom (and girls) rather than burgers (and girls).

Thanks to pothead Kumar's ionesing to join a different kind of Mile High Club, they manage to get themselves branded as fugitive terrorists pursued by an unhinged Homeland Security boss (Rob Corddry) and detained at

Gitmo. though they soon escape.

Along the way the duo brutally lampoon racial stereotypes of every stripe, taking no prisoners in their rainbow coalition of rude calamity.

They're like Borat without the moustache and with a bet-

ter grasp of American culture, and it's this satiric subtext that saves the show from its worst excesses.

You'll only enjoy this movie if you can appreciate the lighter side of KKK rallies, presidential potheads, one-eyed rednecks, full-frontal nudists (of both genders) and Homeland Security fascists who mistake the U.S. Bill of Rights for toilet paper. But this is one of those rare pictures that can gross you out and make you think at one and the same time.

Key to its appeal is the chemistry of Cho

> most likeable comedy duo since Wayne Campbell and Garth Algar, You find yourself rooting for them even while thoughts of

and Penn, the

clubbing them also cross your mind.

TORSTAR NEWS SERVICE

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family	44	44 44 TOON	6teen	Johnny Test	George-Jungle	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	The Mask
fan	26	26 26 TREE	Fifi-Flowertots	Backyardigans	Ni Hao, Kai-lan	Nght Grdn	The Wiggles	Franklin	Little Bear	Miss Spider	Comfy Couch
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	37	37 37 BRVO	Street Legal		Bazart	Bravo!Videos	Johnny Cash Live at Montreux 1994				Rehearsal Hall
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	47	47 47 SPACE	Relic Hunter		Stargate SG-1 "G	race"	Star Trek: Voyag	er	Blood Ties (DVS)	Battlestar Gal
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critics'corner_

Surviving Sharks Les Stroud of "Survivorman" fame throws himself into dangerous situations involv-ing sharks. Granted, it's only dangerous if the sharks are hungry or you've ticked them off. So avoid dunking yourself in a vat of chum or insulting their mothers ("Your mama looks like shark bait!"). 9 PM on DISC



Blood Ties Although nightmares are com-mon among people, apparently vampires don't dream. So when Henry (Kyle Schmid) starts hav-Henry (Kyle Schmid) starts having nightmares, he freaks out. Turns out an immortal mummy (Danny Trejo) is coming for him to steal his life force, and Vicki (Christina Cox) has to do something drastic to save Henry — which may ruin her friendship with him forever. 10 PM on SPACE

Primetime: Family Secrets Most parents who have adopted

children from overseas will tell children from overseas will fell you it was worth all the expense, red tape, language barriers and other obstacles. Emphasis on the word "most." In this new episode, Juju Chang reports on what happens when foreign adoptions on what happens when foreign adoptions go wrong — when the parents' dream come true turns into a nightmare. 11 PM on ABC **14** entertainment



Actors Brad Pitt and Angelina Jolie have reportedly asked U2 front man Bono to be the godfather of their newborn twins, Knox Leon and Vivienne Marcheline because they are impressed by his humanitarian work. Bono reportedly accepted. METRO NEWS SERVICES

Celebrity Buzz

Miley sort of apologizes

has somewhat apologized for mocking fellow Disney stars Selena Gomez and Demi Lovato in a YouTube video, the New York Daily News reports.

"If we offended them, we're super sorry," Cyrus



'We were just, like, having fun, you know what I mean?

The Hannah Montana star, 15, and pal Mandy Jirox recreated a video made by Gomez, 16, and Lovato, 15, on their Miley & Mandy YouTube chan-

In the video, Cyrus and Jirox make fun of a T-shirt worn by Gomez and a gap that Lovato, star of Camp Rock, used to have in

> Gomez, who appears on Disney's Wizards of Waverly Place, has been dubbed "The Next Miley Cyrus." She's also reportedly dating Cyrus' alleged ex, Nick Jonas.

But Cyrus maintains she was just kidding around on her video.

Lovato and Gomez have not yet commented on the video or quasi-apology.

enough" to have kids. Just

told People, "We're trying to get pregnant," adding that practising has been "a

last week, O'Connell, 34,

lot of fun."

METRO NEWS SERVICES

They're having babies

PREGGERS Rebecca Romijn-O'Connell and her husband, Jerry O'Connell, are expecting twins, their rep confirms to People.

The babies are due this winter. The parents-to-be

were married in 2007. Ugly Betty's Romijn, 35, recently told Self magazine she hoped to be



No enhancement for Keira

DIGITAL-FREE Actress Keira Knightlev was criticized Knightley has refused to when she appeared in allow her bust to be digpublicity shots for itally enlarged - be King Årthur with cause she is so proud digitally-enhanced of her body. breasts. imdb.com reports. METRO NEWS SERVICES Knightley, 23, reportedly dismissed studio bosses' suggestion to use computer trickery to boost her chest on publiciposters. "She has insisted that her figure stay in its natural state. She is proud of her body and doesn't

Butler learns Comic-Con code

The godfather

ITEMS RETURNED 300 star sunglasses were missing. 'It was madness," he said. Gerard Butler has given the comic book "I was signing posters and geeks the seal my watch kept catching on of approval them, so I took it off and put it between my legs and after they didn't claim then walked off. And then his watch I thought someone stole and glasses as my sunglasses." But Butler souvenirs, didn't take comic book fans' code of conduct into imdb.com reports. The acaccount - the items tor was at Comwere turned in to security by ic-Con in San fans. He Diego added, "This promoting his place is new film great ' Rockn-METRO NEWS Rolla SERVICES when he suddenlv realized his timepiece and

celebrity briefs

want it altered.'

a source told the

In 2004,

Winehouse rushed to hospital

HEALTH Singer Amy Winehouse has been taken to hospital, her spokesman said yesterday. He had no further details.

When asked about the incident, a spokeswoman for the London ambulance service said: "We did take the patient to hospital," after being called to an address in north London.

The 24-year-old star, whose battle against drug addiction in recent months

overshadowed her successes, recording has a home in

Moss back with beau, plans for second child

MOTHERHOOD Kate Moss is apparently planning to have another baby with on/off boyfriend Jamie Hince, femalefirst.co.uk reports.

The supermodel recently split from the Kills gui-tarist over her desire to get pregnant, reports the Mir-

However, the couple

have since reunited after

Hince reportedly changed his mind. The pair are now on a make-or-break holiday in Ibiza. "Kate is keen to

have another baby before Lila Grace gets any older," a source said. "She doesn't want her to grow up a single child ... But it has become a real sticking point between her and Jamie.

"She thinks he will be a great dad but he has been unsure whether he's ready such a huge commitment.' source

added. "They had short break to

clear

their heads. But after Hince spoke to some of his friends about his dilemma, he is coming round to thinking a baby with Kate wouldn't be a bad thing. He agreed to go to Ibiza with her for a break before he goes on tour to see how they get on. No one would be surprised if Kate comes

back pregnant.' METRO NEWS

celebrity briefs

Love gives credit for weight loss ...

SLIMMING DOWN Courtney Love has credited hypnotist Paul McKenna as the reason for her dramatic weight loss, femalefirst.co .uk reports. The singer has been seeing the weightloss guru, who wrote I Can Make You Thin. However, Love's friends are worried she is now dangerously thin. "She is



... while Damon tries to box it off

POUND-FOR-POUND Matt Damon has taken up boxing to lose weight, femalefirst. co.uk reports. The actor admits it is tough to lose the excess pounds he gained for the movie The Informant. Damon, who was named People magazine's Sexiest Man Alive in 2007, laughed: "Now I'm the Sexiest Man

Alive's chunky cousin! SERVICES



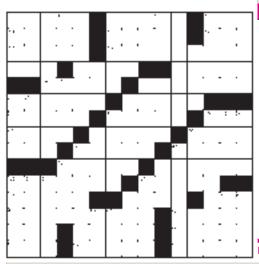
Grammer checks into hospital

Actor Kelsey Grammer has been hospitalized in New York after feeling faint — just a month after he suffered a near-fatal heart attack. The actor was taken to a medical centre in the city on Sunday night, and is expected to be released today. IMDB.COM

entertainment **15**

Take Five

AVATAR VENUS



Crossword down

- 1 Snake eyes
- 2 Bridegroom 3 Skewer
- -eared bunny
- 5 Prized gem 6 Mercator's tome
- 7 Strait-laced
- 8 Garment edge
- 9 been had!
- 10 Look down on 11 Veldt stalkers
- 12 Mr. Els
- 13 Judges
- 19 Audition
- 22 Cathedral town
- 25 Really skimps
- 26 Super-duper
- 27 Jorge Borges
- 28 Shed one's coat 29 Dueler's weapon
- 30 Tight spots

- 32 Stuffed animal
- 33 Tigris joiner
- 34 Stonehenge builder
- 35 Verse forms
- 37 Like most cagers
- 38 Fly off the handle
- 40 Nabs
- 41 Distance
- 42 Lingerie buys
- 43 Sprint
- 44 Relish tray item
- 45 Pastor
- 46 Ms. Verdugo
- 47 Chorus platform 49 Comics Miss Kett
- 51 DNA component
- 52 Aloud
- 54 Yale grad
- 55 Absorb, as costs
- 57 Grassy expanse

Play more games online at www.metronews.ca

Crossword across

- 1 Mosey along
- 6 Rose pest 11 Conducted
- 14 Pool shot
- 15 Famous fountain
- 16 Anger
- 17 Split to join 18 Rock found in caves
- 20 Dry, as champagne
- 21 Widen a hole
- 23 Overalls material
- 24 Makes healthy again
- 26 Juice holders
- 28 Too compliantly

STICKELERS.

In this division example, X and Y

represent two different positive digits.
What are the values of X and Y if

there is no remainder?

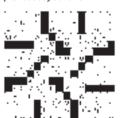
YX

- 30 Orange or lime 31 Made a decision
- 32 Connect (2 wds.)
- 33 Kind of system 36 Permits
- 37 Alamo site
- 38 Wept over
- 39 Kickoff prop
- 40 Future officer
- 41 Kind of syrup
- 42 Loses hair
- 43 Privileges
- 44 In an open manner

*무급함기를

- 48 Fragrant shrub
- 49 One, in Munich
- 50 Back when 53 Huge glaciers (2 wds.)
- 56 Modify
- 58 Camper, maybe
- 59 Buoy up 60 Davis of "The Fly"
- 61 Memorable time
- 62 Hindu lute
- 63 Flip-chart stand

previous day's answer



This day in history

JULY 29, 1899: The First Hague Convention is signed.

JULY 29, 1921: Adolf Hitler becomes leader of the National Socialist German Workers Party.

JULY 29, 1948: The Games of the XIV Olympiad - After a hiatus of 12 years caused by World War II, the first Summer Olympics to be held since the 1936 Summer Olympics in Berlin opened in

JULY 29, 1981: Marriage of Prince Charles to Lady Diana Spencer.

Horoscopes

ARIES MARCH 21-APRIL 20

come from a dim-wit. A kind

Someone demands that you

You're getting ahead in your

work, but a crisis will arise. A

colleague demands that you

make a suggestion. All ideas will be fruitful.

You'll feel that only you can

more from others. You can

anticipate when somebody

will begin to infuriate you.

People will notice you head-

the phone down and get to

work. You're in for a roman-

Someone will disagree with a

travel companion. You must

be nimble when necessary. A

ing in the right direction. Put

show maturity. Demand

get home earlier. Continue

trying to co-operate. An stranger will arrive and be

person may cause a loss of

enthusiasm.

TAURUS

appealing.

GEMINI

MAY 22-JUNE 21

CANCER

LEO

JULY 23-AUG 23

tic reversal.

VIRGO

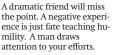
AUG 24-SEPT 22

APRIL 21-MAY 21

home. A confession will

(Υ) Something of value is in your

LIBRA SEPT 23-OCT 23



SCORPIO (8)

OCT 24- NOV 22

Be honest when discussing unexpected gains. Have a story ready when a wretch frustrates plans. A sibling has a fated meeting

SAGITTARIUS

NOV 23- DEC 21 Someone's child will leave town for a while. A rejection will drag in some good luck. Expect confusion around food issues.

CAPRICORN

DEC 22-JAN 20

An insincere relative needs professional attention. Avoid arguing about your appearance. Wear navy blue to an evening meeting.

AQUARIUS

A relationship will find closure. Expect flattery concerning a romance. A boss from the past wants another chance — just say no.

PISCES

(m)

FEB 19-MAR 20

You can trust a woman's practical support. A home is all stirred up by arguments. Children will be very touchy.

Sudoku INSTRUCTIONS:

The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or col-umn down the puzzle.

SOLVE TIME IN MINUTES:					
Under 13	. Genius				
13-17	Scholar				
17-21	Smart				

previous day's answer

6	2	8	4	9	1	7	3	5
7	5	3	8	6	2	9	1	4
4	1	9	5	3	7	8	2	6
9	3	6	2	8	4	1	5	7
2	7	5	3	1	6	4	8	9
8	4	1	7	5	9	2	6	3
1	9	7	6	2	5	3	4	8
5	8	2	9	4	3	6	7	1
3	6	4	1	7	8	5	9	2

21-25	. Not bad
25+ Keep p	oracticing

proper lover will throw in the towel.

1 8 9 3 7 6 2 7 5 4 5 9 7 4 7 3 4 5 1 4 6 3 9 2 1 6 5 4 8 6 3 5

IT'S ALL ABOUT THE BUZZ.

metrenews.ca



Read Metro's Celebrity Buzz daily to get the scoop on Hollywood's latest gossip.

Halifax weather Afternoon



25

Tonight



Partly cloudy. 16

Wednesday



Partly cloudy. 24°/17

Thursday



23°/19°

Variable.





23°/16

Temperature

Records High: 28.9°/1959 Low: 9.8°/1987 Sunrise: 5:57 a.m.

Sunset: 8:42 p.m. Moonrise: 2:08 a.m Moonset: 6:57 p.m.





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*SOURCE: NADbank 2007, read yesterday; BASE: Montreal CMA, Ottawa-Gatineau CMA, Toronto CMA, Vancouver CMA

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